

Community Education Service

MARCH 2010

March 2, 2010

"Kids Help Phone Counselling Services"

Dilys Haner, and Kate Munoz

11:00am - 12:30pm

*Videoconference Available**

Participants will gain an overview of the services offered by Kids Help Phone and how the professional counsellors help children and youth in the community with issues such as bullying, cyber bullying, depression, anxiety, suicide and much more. Case stories from the counsellor's experience with kids and youth in the community will be shared as well as tips on dealing with some of the issues that children and facing today will be offered. *Level I*

Alberta Children's Hospital Auditorium, 2888 Shaganappi Trail NW

March 4, 2010

**"Supporting Children
with Coordination Difficulties"**

Stacey Babock, B.Sc., P.T.,

Alex Chisholm, B.Sc., P.T.

and Andrea Satveit, B.Sc.O.T.(C)

11:00am - 12:30pm

*Videoconference Available**

The participant will understand both the experiences of children and families who live with DCD, and the importance of motor coordination for success in home, school and community activities. Participants will also be made aware of different strategies that can help children be successful. *Level I*

Alberta Children's Hospital Auditorium, 2888 Shaganappi Trail NW

March 8, 2010

**"Family Support for Children
with Disabilities"**

Gilbert Drapeau

11:00am - 12:30pm

*Videoconference Available**

This presentation will provide participants with basic information about the Family Support for Children with Disabilities program in regards to its principles, service eligibility, and the cooperative assessment process for service need. The two levels of services available and what they entail will also be discussed. *Level I*

Alberta Children's Hospital Auditorium, 2888 Shaganappi Trail NW

March 9, 2010

"Parenting Anxious Children and Youth"

Susan Ponting, M.Ed., R.Psych.

11:00am - 12:30pm

*Videoconference Available**

Participants will learn to recognize anxiety in children/or adolescents, gain an understanding of different anxiety disorders and acquire knowledge of parenting strategies to help reduce the effects of anxiety. *Level I*

Alberta Children's Hospital Auditorium, 2888 Shaganappi Trail NW

All sessions are free of charge.

Please register no later than one week prior to the session date. Courses with low registration will be cancelled one week prior to the session. Please register early to avoid disappointment.

Level I Activity: This activity presents an overview of the topic
Level II Activity: This activity builds on an overview of the topic
Level III Activity: This activity provides comprehensive information on the topic

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March 10, 2010

"Communication: Is Anybody Listening to You? How to talk so kids will really listen"

Liane MacDonald, M.Sc., R. Psych.

6:30pm - 8:00pm

This workshop will discuss ideas around the impact on communication of words, tone, and body language, the importance of really listening and the delivery of clear encouraging messages needed for cooperation. *Level I*

Pineridge Boys and Girls Club, 6012 Rundlehorn Dr. NE

March 10, 2010

"Drugs, Trends and Teens"

Laurelle Edwards-Jones, B.A.

7:00pm - 8:30pm

Participants will increase their knowledge and awareness of alcohol, other drugs, and substance use and abuse by teens, including the latest statistics. Participants will better understand the concept of resiliency, and the risk and protective factors that influence teen decision making. Alcohol, other drugs and gambling resources that support teens and families will be reviewed. *Level I*

Meadowbrook Middle School, 1796 Meadowbrook Drive S.E., Airdrie

March 15, 2010

"Boys and Working with Boys Brains"

Eric Perrault

6:30pm - 8:00pm

This workshop will explore some current insights into the physical development of boys and how they process their world at different ages and stages. Strategies for working with Boys will also be presented. *Level I*

Alberta Children's Hospital, B2-200, 2888 Shaganappi Trail NW

March 16, 2010

"Child Abuse: Signs, Symptoms, Trauma Treatment and the Responsibility to Report.

Includes: physical, sexual, emotional abuse and Shaken Baby information"

Sandra Matthews MSW, RSW and Sharon

Lee MSW, RSW

11:00am - 12:30pm

*Videoconference Available**

This presentation will provide information on assessing Child Abuse, its impact, medical and psycho social indicators of abuse, and a treatment focus for trauma. *Level II*

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March 17, 2010

**"Understanding Privacy Legislation: How It
Enables Information Sharing"**

9:00am - 4:00pm

Presented by: Information Sharing Training Initiative, Information and
Privacy, Government of Alberta

Alberta Children's Hospital, Conference Room 3, 2888 Shaganappi Trail NW

March 17, 2010

"Safety Issues: FASD and Sexuality"

Dr. Shanif Esmail

9:00am - 11:00am

*Videoconference Available**

*(Please note this session is being held via video-
conference from Edmonton, Oxbridge Place)*

This session is one of a Fetal Alcohol Spectrum Disorder Learning Series
as part of a Government of Alberta initiative.

For more information please visit <http://www.fasd-cmc.alberta.ca/home/>

Alberta Children's Hospital, Conf. Room B4-011, 2888 Shaganappi Trail NW

March 22, 2010

**"Parenting a Child with Mental Health
Concerns"**

Blaine Munro, MSW, RMFT and

Sharon Halladay, MSW, RSW (clinical)

6:30pm - 8:00pm

Information presented will assist parents dealing with mental health con-
cerns in childhood by increasing their understanding of developmental and
family life cycle disruptions and to help foster resilience in the family
system. *Level I*

Hull Child and Family Services, Training Room, 2266 Woodpark Ave SW

March 23, 2010

**"Perinatal Stroke Parent Information
and Networking Session"**

Dr. Adam Kirton, MD, MSc, FRCPC, Sonia

Rothenmund, RN, BN, CNN (C), Nancy

Thronton, RN, MScN, CNN (C)

11:00am - 12:30pm

*Videoconference Available**

This session will provide information to parents about perinatal stroke as
well as introduce community stake holders and present ideas for a parent
support group. Parents/families will also be provided the opportunity to
meet and network with other parents whose child has a similar diagnosis
and make recommendations for future perinatal education and support ini-
tiatives. *Level I*

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March 23, 2010

**"Medications Used in Child and Adolescent
Mental Health: An Introduction"**

Elaine Raivio, RN, MD and
Rekha Jabbal, B.SP
6:30pm - 8:00pm

Participants will gain an understanding of medications used for common mental health diagnosis, common side effects and how to manage them. The importance of sleep, medication compliance and safety will also be discussed. *Level I*

Cappy Smart School, 5808 Madigan Drive NE

March 24, 2010

**"Accessing Children's Mental Health
Services in Calgary"**

Karen Melathopolous, RN and
Brooke Wylie, RN, BN
6:30pm - 8:00pm
*Videoconference Available**

Participants will learn how ACCESS Mental Health functions in identifying appropriate mental health support for your child and/or adolescent. An overview of available supports through Alberta Health Services and the Child and Adolescent Mental Health Program will be discussed. *Level I*

Alberta Children's Hospital Auditorium, 2888 Shaganappi Trail NW

March 25, 2010

"Evaluation of Health Information"

Connie Bolding
11:00am - 12:30pm
*Videoconference Available**

Don't just Google! Learn the In's and Out's of finding Family Health Information using your computer. Find out about top health sites and also what to avoid. *Level I*

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