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1. **The Asthma and Allergy Action Plan for Kids: A Complete Program to Help Your Child Live a Full and Active Life**
Dozor, Allen J.; Kelly, Kate 2004  
2. **The Children's Hospital of Philadelphia Guide to Asthma: How to Help Your Child Live a Healthier Life**
Allen, Julian Lewis; Bryant-Stephens, Tyra; Pawlowski, Nicholas A. (editors) 2004  
3. **The Complete Kids' Allergy and Asthma Guide: The Parent's Handbook for Children of All Ages** Toronto Hospital for Sick Children 2003
            
4. **The Harvard Medical School Guide to Taking Control of Asthma: A Comprehensive Prevention and Treatment Plan for You and Your Family**
Fanta, Christopher H.; Cristiano, Lynda M.; Haver, Kenan 2003     
5. **My House Is Killing Me: The Home Guide For Families With Allergies and Asthma** May, Jeffrey C. 2001        
6. **Taking Asthma to School** Gosselin, Kim 1998  
7. **Childhood Asthma: A Passport to Knowledge**
Alberta Children's Hospital and University of Calgary 2000 CD 
8. **Arthur Goes to the Doctor** Brown, Marc. 2001 Video
      
9. **Canadian Lung Association** www.lung.ca/asthma/index.html
10. **Control Asthma Now! (iCAN)** www.calgaryhealthregion.ca/ican/
12. **Medlineplus** www.nlm.nih.gov/medlineplus/asthma/mainchildren.html

Materials can be borrowed through inter-library loan



Family & Community Resource Centre



Calgary Public Library



Breton



Fort Macleod



Okotoks



Strathmore



Camrose



Hanna



Oyen



Taber



Canmore



High River



Pincher Creek



Three Hills



Claresholm



Lethbridge



Red Cliff



Wetaskiwin



Coaldale



Mayerthorpe



Red Deer



Drayton Valley



Medicine Hat



Rocky Mountain House

Disclaimer

This material is designed for information purposes only. It should not be used in place of medical advice, instruction and/or treatment. If you have specific questions, please contact your doctor or appropriate health care professional.

Caution

The information in some of these books is American. You can trust what you see here, but it is important to consult with your doctor about current, Canadian asthma treatment guidelines. Canadian and American treatment guidelines may differ.

For additional resources or information regarding **Asthma** please call or visit:

The Southern Alberta Family & Community Resource Centre

Alberta Children's Hospital
2888 Shaganappi Trail NW
Calgary, AB T3B 6A8
Phone: (403) 955-FCRC(3272)

For additional support in child health information needs please contact our Child Health Information Specialist at 955-7745, toll free at 1-877-943-FCRC(3272) or email childhealthinfo@calgaryhealthregion.ca.

Or you can call:

HealthLink

Phone: 943-5465 (Calgary & area)
1-866-408-5465 (toll free within Alberta)

Contributing Partners

South Calgary Health Centre: Community Pediatric Asthma Service

Alberta Children's Hospital: Asthma Clinic

Southern Alberta Child & Youth Health Network:
Family & Community Resource Centre



All of our Information Prescriptions are available for free download at: www.sacyhn.ca/pages/publications.html