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1. **My Name is Not Dummy**
Crary, Elizabeth, 1996   
2. **Blue Cheese Breath and Stinky Feet**
Depino, Catherine, 2004 
3. **Nobody Knew What To Do: A Story About Bullying**
McCain, Becky Ray, 2001     
4. **Bullying: Deal with it Before Push Comes to Shove**
Slavens, Elaine, 2003       
5. **Bullying: Practical and Easy-To-Follow Advice**
Alexander, Jenny, 1998   
6. **Bullies, Big Mouths and So-Called Friends**
Alexander, Jenny, 2003 
7. **The Bully-Free Classroom: Over 100 Tips and Strategies for Teachers K-8**
Beane, Allan, 1999  
8. **The Bully, the Bullied, and the Bystander: From Preschool to High School-- How Parents and Teachers Can Help Break the Cycle of Violence**
Coloroso, Barbara, 2004          
9. **It's a Girl's World** (Warning: Some viewers may be disturbed by the suicide information in this video)
Video, 2004    
10. **Bully Free Alberta** www.bullyfreealberta.ca
11. **Calgary Police Service** www.gov.calgary.ab.ca/police/kids/frame1.html
12. **Let's Talk About Bullying** www.talk-helps.com
13. **Kids' Health** www.kidshealth.org

Materials can be borrowed through inter-library loan



Family & Community Resource Centre



Calgary Public Library



Banff



Cereal



Lethbridge



Strathmore



Bassano



Drayton Valley



Longview



Stony Plain



Brooks



Drumheller



Millarville



Three Hills



Canmore



High River



Okotoks



Wetaskiwin

Disclaimer

This material is designed for information purposes only. It should not be used in place of medical advice, instruction and/or treatment. If you have specific questions, please contact your doctor or appropriate health care professional.

For additional resources or information regarding **Bullying** please call or visit:

The Southern Alberta Family & Community Resource Centre

Alberta Children's Hospital
2888 Shaganappi Trail NW
Calgary, AB T3B 6A8
Phone: (403) 955-7281 or (403) 955-7018

For additional support in child health information needs please contact our Child Health Information Specialist at 955-7745, toll free at 1-877-955-FCRC(3272) or email childhealthinfo@calgaryhealthregion.ca.

Or you can call:

HealthLink

Toll Free: 1-866-408-5465 (within Alberta)

Phone: (403) 955-5465

Alberta Mental Health Board Information Line

Phone: 1-877-303-2642

Access Mental Health

Phone: (403) 955-1500

Contributing Partners

Calgary Health Region: Student Health Partnership

Chinook Health Region: Children's Mental Health Services, Lethbridge

Palliser Health Region: Children's Mental Health Services, Medicine Hat

Red Deer Public School District

Catholic Family Services (Calgary)

Alberta Children's Hospital:

Oppositional Defiant Disorder / Conduct Disorder Specialty Clinic

Southern Alberta Child & Youth Health Network

Healthy Minds/Healthy Children Capacity Building Project



All of our Information Prescriptions are available for free download at: www.sacyhn.ca/pages/publications.html